

Updated Respiratory Guidance

March 2024

DON'T FEEL WELL? STAY HOME

If you have the symptoms below,
let your family and teachers know.



COUGH



FEVER



**SORE
THROAT**



West Virginia DEPARTMENT OF
EDUCATION

KEY MITIGATIONS FOR SCHOOLS *(including extracurricular activities)*

These practices are important to guard against COVID-19, influenza, RSV, and the common cold.

The most effective mitigation strategy is the vaccination for those eligible to receive it.



Cleaning and disinfecting



Hand hygiene and coughing/ sneezing etiquette



Monitor school absenteeism rates

When students or staff are sick with a respiratory illness:

- » Students and staff who get sick should stay home and away from others.
- » Students are not allowed to participate in extracurricular activities while they are home sick and potentially contagious.
- » Students and staff may return to school if they:
 - › Are fever free for 24 hours (without the use of fever-reducing medications)
 - › Have symptoms that are improving overall for 24 hours.
- » It is recommended that a mask be worn for 5 days upon return to school.